A child with dark, curly hair is sleeping peacefully in a bed. The scene is a dream, with various animals appearing around the child. A large, bright yellow sun is in the upper center. To the left, a snake is coiled. To the right, a horse's head is visible. Below the horse, a mouse is peeking out. To the left of the child, a bear's face is visible. The background is a soft, hazy landscape with rolling hills and a small house in the distance. The overall color palette is warm and dreamlike, with soft yellows, oranges, and pinks.

Animals are Sleeping

By Suzanne Slade

Illustrated by Gary R. Phillips

Animals are Sleeping

Just how do animals sleep in the wild? Some animals sleep standing up, others even sleep while swimming or flying! The short, lyrical text provides fascinating information, such as location, position, and duration of sleep of animals living in different habitats. The satisfying conclusion will have children reaching for this book again and again at naptime, bedtime, or any time of day to learn about animals.

It's so much more than a picture book . . . this book is specifically designed to be both a fun-to-read story and a launch pad for discussions and learning. Whether read at home or in a classroom, we encourage adults to do the activities with the young children in their lives. Free online resources and support at www.ArbordalePublishing.com include:

- For Creative Minds as seen in the book (in English & Spanish):
 - ° Sorting cards:
 - by animal class (color coordinated)
 - by what they eat
 - ° Riddle matching activity
 - ° List of animals in book:

· Flamingo	· Lion
· Sloth	· Koala
· Clownfish	· Giraffe
· Groundhog	· Chick
· Polar bear	· Owl
· Bird	· Elephant
· Lizard	· Seal
· Human Child	
- Teaching Activities:
 - ° Reading Questions
 - ° Language Arts
 - ° Science
 - ° Mathematics
 - ° Geography
 - ° Coloring Pages
- Interactive Quizzes: Reading Comprehension, For Creative Minds, and Math Word Problems
- English and Spanish Audiobooks
- Related Websites
- Aligned to State Standards (searchable database)
- Reading Counts! Quizzes
- Lexile and Fountas & Pinnell Reading Levels

eBooks with Auto-Flip, Auto-Read, and selectable English and Spanish text and audio available for purchase online.

Thanks to Susan Ring, Manager of Interpretation at the Roger Williams Park Zoo for verifying the accuracy of the information in this book.

Suzanne Slade is the author of over 50 books for children, including *Animals Are Sleeping*, *What's New at the Zoo*, *What's the Difference*, *Multiply on the Fly*, and *the Great Divide*. *Animals are Sleeping* helps feed a young child's curiosity and fascination about different animals and it provides parents with a fun, educational book that children will enjoy as part of their bedtime routine. Suzanne was inspired to write this book during a Thanksgiving weekend drive past Amish farms. Her daughter pointed to a horse and announced, "You know, they sleep standing up!" Suzanne researched animal sleep behaviors and expanded the text to include the places, positions, and duration that animals sleep. During an earlier engineering career, she worked on Delta rockets and designed automotive braking systems. Suzanne lives and writes outside Chicago with her husband, children, and six-pound dog named Corduroy (who usually sleeps lying down on his round, puffy bed near a heating vent).

Gary R. Phillips has been a freelance illustrator for 22 years. He has illustrated for numerous clients in both the editorial and children's illustration markets receiving an award for "Verse Page Illustrator of the Year" from "Highlights" magazine in 2003. Gary has several books to his credit, including *86 Years*, *The Legend of the Red Sox*, *The Naptime Book*, *Tiny Little Engine*, and *Santa's Little Sleigh*. He also taught as an adjunct professor for several semesters. Gary lives outside Philadelphia with his wife, daughters, and Siamese cats. He loves running, being out in nature and drawing wherever he goes.

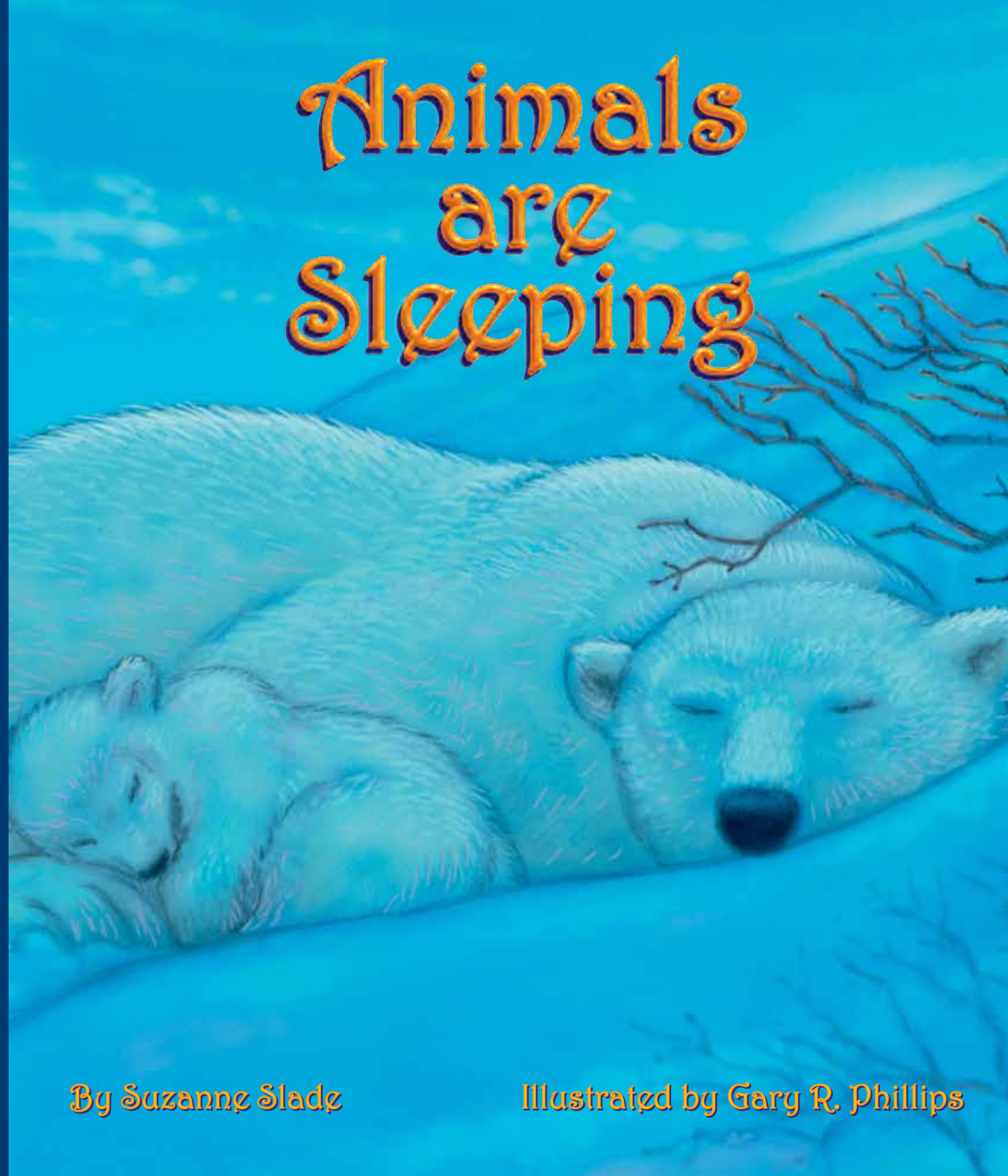


Suzanne Slade



Gary R. Phillips

Animals are Sleeping



By Suzanne Slade

Illustrated by Gary R. Phillips

*Shhh . . . shhh . . .
the animals are sleeping . . .*



Standing up,

upside down,





down below,



below the ground.

*Shhh . . . shhh . . .
the animals are sleeping . . .*



curled on the snow,

The For Creative Minds educational section may be photocopied or printed from our website by the owner of this book for educational, non-commercial uses. Cross-curricular teaching activities, interactive quizzes, and more are available online. Go to www.ArbordalePublishing.com and click on the book's cover to explore all the links.

Animal Sorting Cards & Activities

Sleeping Animal Matching Activity: Guess which animal goes with each fun fact by matching it to the art. Answers are upside down on the bottom of each page. Copied cards can be sorted by animal class or what the animals eat.



Clownfish

Fish

eats pieces of dead fish and plankton (carnivore)



Flamingo

Bird

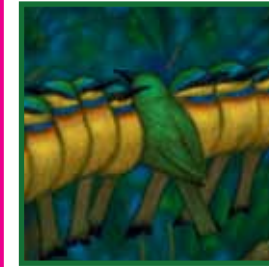
eats algae, insects, and small fish (omnivore)



Sloth

Mammal

eats leaves, young plants, and fruit (herbivore)



Bee-eater

Bird

eats bees and insects (carnivore)



Lizard

Reptile

most eat insects and bug, some eat plants (carnivore, some omnivore)



Groundhog

Mammal

eats mostly plants and some insects (omnivore)



Polar Bear

Mammal

eats seals and other animals (carnivore)

1. **Hanging upside down**, a _____ sleeps 15 to 18 hours during the day. It holds tightly to a branch with its strong claws while sleeping soundly. Not even a loud rainforest thunderstorm will wake it. When the sun goes down, it finally moves from its sleeping position.

2. With perfect balance, a _____ often **sleeps standing on one leg** facing into the wind. It folds the other leg neatly beneath its body and rests its head by tucking its beak under one wing.

3. This brightly colored _____ lives in the warm waters of the Pacific Ocean. This tiny fish protects itself from enemies searching for a tasty meal by **hiding inside** an animal called a sea anemone. The long, flowing arms of the anemone will sting most sea creatures, but the poison in its arms does not hurt the fish. At night, the fish snuggles into its cozy sea anemone bed. The anemone's soft arms close around it, keeping it comfortable and safe until morning.

1. A _____ is a cold-blooded animal. Its body does not make heat, so it must find heat to warm itself. **Stretching on a sunny rock** is the perfect place for a nap on a cool morning.

2. Exposed and dozing on the snow, a _____ and her cubs stay surprisingly warm. These bears dig and then **snuggle into shallow pits** in the snow with their backs to the wind. Thick fur and a layer of fat keep them warm. A mother bear makes a soft

pillow for her cubs.

3. The _____ is famous for its sleeping habits. It hibernates, or sleeps, all winter

long **curled in an underground burrow**. During hibernation its heartbeat and breathing slows down and its body temperature drops. There is a special day (February 2) in honor of this animal. Some people believe that if he sees his shadow when he comes out of hibernation, there will be six more weeks of winter.

4. A tiny _____ likes to **sleep together with others at night**. Up to ten will line up on the same perch, arriving before dusk to claim their place in line. They all face the same direction and press their sides against each other before closing their eyes to sleep.



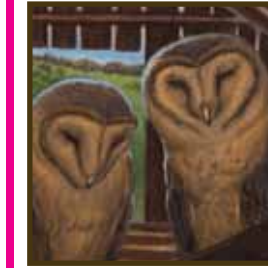
Giraffe
Mammal
eats leaves
(herbivore)



Lion
Mammal
eats other animals
(carnivore)



Elephant
Mammal
eats leaves and
plants
(herbivore)



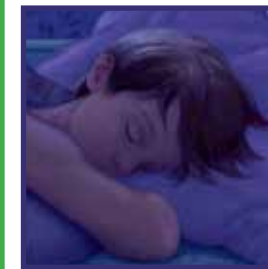
Barn Owl
Bird
eats small animals
(carnivore)



Harbor Seal
Mammal
eats fish and other
animals
(carnivore)



Koala
Mammal
eats plants
(herbivore)



Human
Mammal
eats plants and
animals
(omnivore)



Common Swift
Bird
eats bugs and insects
(carnivore)

1. Living high in eucalyptus trees, an Australian _____ spends most of its life sleeping. It usually sleeps 18 to 20 hours each day. It **tucks into a fork of tree branches** to snooze.
2. A _____ may **sleep on the beach or while floating in water**. It is lulled to sleep as it gently bobs up and down with only its head above water.
3. A _____ sleeps about five minutes at a time, **standing up**. It sleeps about six times a day for a total of about 30 minutes.
4. **Curled on a limb** of a shade tree or stretched out on a rock, a _____ takes many catnaps during the day. If it has a full stomach, it may sleep up to 20 hours a day.

1. A _____ leaves its baby chicks for several days when it hunts for food. While the parents are gone, the young birds enter a deep sleep, called torpor, for up to ten days. Some adults **sleep while flying**, called “sleeping on the wing.” At night, they fly above a pocket of warm air (about 3,000 to 6,000 feet above ground) and flap their wings about every four seconds as they sleep.
2. _____ babies sleep about 16 hours a day. As they get older, they need less sleep. Children ages 1-5 sleep **tucked in their own beds** about 10 to 12 hours each night. How many hours do you sleep at night?
3. During the day, a _____ may **roost in a barn, tree, or cave**. Once asleep, this bird is not easily disturbed by loud daytime noises. It keeps its head upright while it sleeps.
4. An _____ stands for about half of the four-to-six hours it sleeps each day. The other times it sleeps lying down. Most of its sleeping is in short little naps. When it is ready to lie down, it will sometimes **curl up its trunk and use it for a pillow!**

Answers: 1. koala, 2. harbor seal, 3. giraffe, 4. lion

Answers: 1. common swifts, 2. human, 3. barn owl, 4. elephant

To the Creator, who gives us all the beautiful and fascinating animals in the world—SBS
To my wife, Laurie, for making art possible—GRP

Thanks to Susan Ring, Manager of Interpretation at the Roger Williams
Park Zoo for verifying the accuracy of the information in this book.

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"For Creative Minds" section includes animals sorting cards and activities.

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